



VITALITÉ Magnesium Potassium „Shrink”

Film-coated tablets, 60 tablets (2 x 30 pcs.)

Description

The preparation is intended for persons over 12 years of age

Components

Potassium (potassium chloride), magnesium (magnesium carbonate), aspartic acid.

Action

Vitalite Magnesium Potassium is a dietary supplement that is a source of magnesium and potassium. Magnesium and potassium are macroelements that play a key role in many physiological processes. Potassium helps in the proper functioning of the nervous system, muscles and helps maintain proper blood pressure. Magnesium is the element of life. It helps maintain normal psychological functions, helping to reduce tiredness and fatigue. It is important for maintaining electrolyte balance, supports the proper functioning of muscles, including the heart muscle.

Dosage

One tablet twice a day, during a meal. Drink with water. Contents in the recommended daily dose - 2 tablets.

Magnesium - 113 mg 30% RWS *

Potassium - 300 mg 15% RWS *

Aspartic acid - 80 mg

*% of implementation of reference intakes

Do not exceed recommended servings for consumption during the day. The preparation can not be used as a substitute for a varied diet. A healthy lifestyle and a varied diet are essential for maintaining good health.

Important information

Do not use the product if you are allergic to any of its ingredients.

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