



TRIXLINE Kinesio tape, kinesiology tape, 5cmx5m, red, 1 piece - product description

The modern method of taping is a great solution for all those who suffer from stiffness and pain every day. Muscles, tendons and joints can easily be blocked and at the same time are supported by blood flow. And all without limiting of the movement. The result is relief and accelerated regeneration. Breathable material, waterproof, hypoallergenic adhesive.

Application: kinesio taping, for pain in muscles, joints and tendons, as a prevention and treatment of injuries.

How to use: before applying, thoroughly clean and dry the skin, and if necessary, also shave. The length of the tape must match the length of the tense muscle in the body. To ensure its maximum durability, you need to glue the place to activate the adhesive. It is recommended to wear a single tape application for 5 days.

Composition: 96% cotton, 4% elastane, elasticity up to 170%.

Important tips:

Keep out of reach of small children.