

## FOLIC ACID VITALITE

Dietary supplement Folic Acid Vitalite is dedicated for women at the reproductive age as well as pregnant and breast feeding women. Complementary consumption of Folic Acid increases folates level in mothers. The low level of folates in mothers is a risk factor of neural tube malformation in fetus. Beneficial effect occurs when the supplemental daily intake of 400ug of folic acid is consumed for at least one month before and up to 3 months after conception.

Folic acid is also crucial for the correct growth and function of cells, it contributes to tiredness and weariness reduction, decides about good mental health, increases the level of folates in mother which contributes to the increase of maternal tissues during pregnancy and helps in the right blood production.

Nutrients	Content in a recommended daily intake- 1 pill
Folic Acid	400ug -200 % RWS*

Recommended daily intake: 1pill per day, after the meal

Content: 30 pills, blister pack 1x30pills